

KIND PARTY FOOD

Food ideas for planning a fun and delicious plant-based birthday party for your kids.



SWEETS

- **Fruit**
- **Melon Balls**
- **Fairy Bread:** Vegan 100s & 1000s: Dollar Sweets, Nemar, or Hoppers brand available online at the Vegan Grocery Store.
- **Pikelets:** Woolworths pancake and Pikelet mix, or make your own mini pancakes.
- **Chocolate Crackles:** try this simple recipe.
- **Cupcakes:** Try these Chocolate Hazelnut Cupcakes.
- **Mini meringues**
- **Cookies:** You can make them or buy Naturally Good: Coconut Crunch, Munchy Muesli Brownie, Munchy Muesli Vanilla Cookies; Leda: Golden Crunch, Choc Chip, Gingernut; Arnotts: Raspberry Shortcake, Nice, Chocolate Ripple; Free From Gluten: Double Choc Chip, Chocolate Chip, Mini Mint Creme, Creme Choc Biscuits.
- **Brownies:** Try these simple vegan brownies.
- Vegan Honey Joys
- **Donuts:** Can be found at La Panella and OMG Decadent Donuts.
- **Apple and Cinnamon Log:** Available at Bakers Delight.
- **Icy Poles** and Smooze fruity treats.

LOLLIES

- **Fruit Skittles**
- **Sour Patch Kids**
- **Wizz Fizz**
- **Marshmallows:** available at uproar.org.au or the Vegan Grocery Store.
- **Fruit Tingles**
- **The Natural Confectionery Co. Vegan Snakes**

LOLLY BAGS

- **Lollipops:** Chupa Chups (fruity variety and cola flavour) and Starburst Sucks
- **Lollies:** Fruit Skittles, Sour Patch Kids, Wizz Fizz, Marshmallows, Fruit Tingles
- **Hubba bubba**
- **Stickers**
- **Tattoos**
- **Bubbles**

“*Make sure you are inclusive of other people’s children who may have allergies and intolerances when hosting your own party.*”

SAVOURY

- **Sausage Rolls:** Sanitarium or Linda McCartney or try this homemade recipe!
- **Party Pies:** Try making these yummy party pies.
- **Crudités and Dips:** Hummus or guacamole (vegan brands available at supermarkets) or make your own. Plant-based cream cheese (Tofutti, Sheese, Made With Plants; available in supermarkets, whole food stores or specialty stores)
- **Spring Rolls:** Chan’s Yum Cha, Ho Mai, Trang’s, Earth porkless spring roll, Woolworths brand, or Coles brand.
- **Bruschetta:** Sliced baguettes toasted topped with marinated tomatoes.
- **Sandwiches:** Make with kid-friendly fillings, eg: tofu scramble and salad, peanut butter and sliced cucumber, hummus, tomatoes and salad, etc.
- **Pinwheels:** Try this 6-layer Mexican pinwheels recipe.
- **Vegan Hot Dogs:** Use store bought vegan sausages or make your own with this marinated carrot hot dog recipe.
- **Rice Paper Rolls:** Fun and easy to make. Try these recipes – Vietnamese rice paper rolls, Oodles of noodly rice paper rolls.
- **Falafels:** Make your own from scratch or use a pre-mixed powder or ready made falafels available at supermarkets.
- **Sushi or Nori Rolls:** Another fun one to make. Try these recipes.
- **Mini Pizza**
- **Dolmades:** Always Fresh, Palirria or Three Threes.
- **Nuggets:** Fry’s, Quorn.
- **Garlic Bread:** Cole’s brand, Woolworths brand or make your own.
- **Tortillas**
- **Mini Vol au Vents** with various fillings
- **Hot Chips**